



# (U1L14A1) Lunchbox Lesson Plan Rubric

Name: Class:	A	B	C	D	E
<p><b>Strand 1.</b> <b>Substrand 3.</b> <b>6.6</b> Investigate the role of preventative health in promoting and maintaining health and wellbeing for individuals and the community.</p> <p><b>What is being assessed?</b> In groups of 2–3, the children design a menu for a healthy lunch, remembering to include all the core elements as noted on the Success Criteria for this task, and that each of the five food groups is represented and available to be chosen from the menu. The menu can be presented using available digital media / apps currently used in the school, on paper or card or in their workbooks.</p>	<p>The menu included a wide variety of food from all 5 food groups. These were easily identifiable and labeled.</p>	<p>The menu included some variety of food from all 5 food groups. These were easily identifiable or labeled.</p>	<p>The menu included some variety of food from all 5 food groups. These foods were not easily identifiable or labeled.</p>	<p>The menu included of food from 4 of the food groups.</p>	<p>The menu included of food from less than 4 of the food groups.</p>
	<p>The menu included more than 3 ideas for each of:</p> <ul style="list-style-type: none"> <li>• A healthy main lunch item which includes grains or breads.</li> <li>• A portion of lean meat, poultry or legumes</li> <li>• A piece of fresh fruit</li> <li>• A piece of fresh vegetable</li> <li>• A portion of dairy or an alternative</li> <li>• A drink of water</li> <li>• An extra snack if the menu is for a very active child</li> </ul>	<p>The menu included more than 2 ideas for each of:</p> <ul style="list-style-type: none"> <li>• A healthy main lunch item which includes grains or breads.</li> <li>• A portion of lean meat, poultry or legumes</li> <li>• A piece of fresh fruit</li> <li>• A piece of fresh vegetable</li> <li>• A portion of dairy or an alternative</li> <li>• A drink of water</li> <li>• An extra snack if the menu is for a very active child</li> </ul>	<p>The menu included 2 ideas for each of:</p> <ul style="list-style-type: none"> <li>• A healthy main lunch item which includes grains or breads.</li> <li>• A portion of lean meat, poultry or legumes</li> <li>• A piece of fresh fruit</li> <li>• A piece of fresh vegetable</li> <li>• A portion of dairy or an alternative</li> <li>• A drink of water</li> <li>• An extra snack if the menu is for a very active child</li> </ul>	<p>The menu included 1 idea for each of:</p> <ul style="list-style-type: none"> <li>• A healthy main lunch item which includes grains or breads.</li> <li>• A portion of lean meat, poultry or legumes</li> <li>• A piece of fresh fruit</li> <li>• A piece of fresh vegetable</li> <li>• A portion of dairy or an alternative</li> <li>• A drink of water</li> <li>• An extra snack if the menu is for a very active child</li> </ul>	<p>The menu did not include minimum of 1 idea for ea of:</p> <ul style="list-style-type: none"> <li>• A healthy main lunch item which includes grains or breads.</li> <li>• A portion of lean meat, poultry or legumes</li> <li>• A piece of fresh fruit</li> <li>• A piece of fresh vegetable</li> <li>• A portion of dairy or an alternative</li> <li>• A drink of water</li> <li>• An extra snack if the menu is for a very active child</li> </ul>
	<p><b>Presentation:</b> The menu has used exceptionally attractive formatting and well-organized information. The graphics go well with the text and there is a good mix of text and graphics.</p>	<p><b>Presentation:</b> The menu has used very attractive formatting and has well organised information. While the graphics go well with the text there is an imbalance of graphics / text.</p>	<p><b>Presentation:</b> The menu has attractive formatting and well-organised information. While the graphics go well with the text there is an imbalance of graphics / text, making the menu feel text heavy.</p>	<p><b>Presentation:</b> The menu has some attractive graphic content and the text has some organisation to it.</p>	<p><b>Presentation:</b> The menu has very little attractive graphic content and the text has very little organisation to it.</p>

## Comment :

